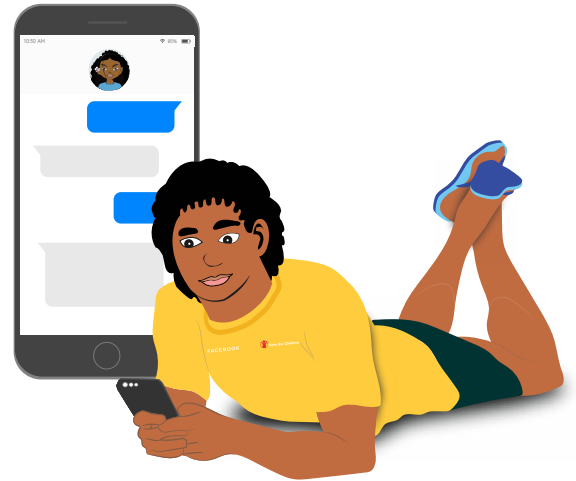


Some people act differently online compared to in real life. They feel braver and can say mean and hurtful things that they wouldn't say to someone's face.

Respecting others in the digital world can be more difficult than in the real world, because all the visual information that usually helps us is not there.

We can't make eye contact, hear their tone of voice, see their faces or tell if they're happy, angry, interested or bored.

Because what we say can be easily misunderstood, we have to work harder and be more careful when communicating with people online.



Respect and accept differences

It's important to respect and accept differences - not everybody is the same; they come from different places, have different beliefs and cultures, and speak different languages.

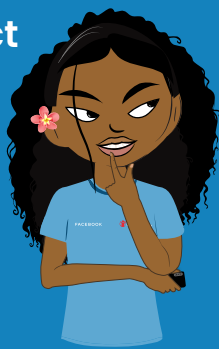
If you take care to build positive and productive connections, this helps to create an online community that listens, understands and creates together.

How do I communicate with respect?

1. Keep in mind that behind every screen is a person just like you. Everyone is important, so treat them as you would like to be treated yourself.
2. Remember to think about things from yours and other people's perspectives and accept their differences by being kind and sensitive to people's feelings, backgrounds and perspectives.
3. Be open and try not to jump to conclusions: ask yourself if you have all the information before responding in a particular way.

I Am Digital

Reflect



"I think before I share"

Respect



"I treat others as I want to be treated"

Act



"I take control through safe and secure online practices"